

## Meet the SUB CAMP CHIEFS!

Your home for Red Rose 2014 will be one of six sub camps – five for participants and their leaders plus Windermere for our team of volunteer staff.

Sub camps will be central to almost everything you do during the week – from the moment you and your neighbours parade to the opening ceremony, through daily activity zones and much of the evening entertainment and socialising, they're there to make your site feel like home.

Camp Chief Simon McGlen has appointed five sub camp who will be joined by Head of HR as staff sub camp chief.

Each sub camp is named after a water source in the Lake District:

Alison Bamber: **Buttermere**  
Carl Curbishley: **Tarn Hows**  
Duncan Cairns: **Ullswater**  
Max Lowe: **Aira Force**  
Warren Frost: **Coniston**  
Charlotte Moul: **Windermere**

The photo above is of Windermere—England's largest lake—and will play host to the Splash Day.

Find out more about our sub camps:

 [www.redrose.org.uk/sub-camps](http://www.redrose.org.uk/sub-camps)



# PROGRAMME UPDATE

# Adventure

The Adventure Day is all about getting out into the wider area around the campsite, in a variety of locations within the Lake District and the Yorkshire Dales National Parks.

There are a range of activities that will be allocated to you by your sub camp at the camp. You will be able to take part in at least one of the activities listed below.

## Rock Climbing:

Whether you are having a go for the first time or aspiring to be the world's greatest lead climber, our qualified team of instructors is sure to meet your needs on one or two of the many Lakeland crags.



**Caving:** Ever wondered what lies beneath the Limestone hills of North Yorkshire? The answer is a subterranean world of caves!

## Mountain Biking:

This activity is suitable for you whatever level of ability you are, novices, intermediate or a seasoned biker—in fact all you need is to be able to ride a bike!



**Rafting:** Using poles, barrels and ropes, test your knotting and pioneering skills to build a raft that will stay in one piece when you and your team paddle it... good luck!



**Hill Walking:** Experience the real beauty of the Lake District at first hand! There are a range of walks on offer, in a number of locations.

**Great Tower:** Visit the Scout Association's activity centre close to Windermere to take part in activities including high ropes, archery, shooting and pioneering.



Find out more about the Adventure Day:

 [www.redrose.org.uk/adventure](http://www.redrose.org.uk/adventure)

## Stay in touch

There are loads of ways to keep up with the latest information about Red Rose 2014.

 [www.redrose.org.uk](http://www.redrose.org.uk)

Our website has lots of information about the camp.

 [facebook.com/RedRoseCamp](https://facebook.com/RedRoseCamp)

Like us on Facebook for updates from the run up to the camp.

 [twitter.com/RedRoseCamp](https://twitter.com/RedRoseCamp)

Tweet us @RedRoseCamp to say you're joining the #redroseadventure

 [youtube.com/RedRoseCamp](https://youtube.com/RedRoseCamp)

See what you can expect from Red Rose with videos from the last camp in 2010.